

MICKEAL PUGH JR., PHD

(HE/HIM/HIS)

LICENSED PSYCHOLOGIST (CA: PSY34826)

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EDUCATION

- 2017 – 2022 **PhD, Counseling Psychology**
Virginia Commonwealth University, Richmond, VA
APA-Accredited Program in Counseling Psychology
Mentor: Paul B. Perrin, PhD
Dissertation: Racial/ethnic disparities in longitudinal trajectories of arrest probability after traumatic brain injury (defended: Mar. 2021)
- 2017 – 2019 **Master of Science, Counseling Psychology**
Virginia Commonwealth University, Richmond, VA
APA-Accredited Program in Counseling Psychology
Mentor: Paul B. Perrin, PhD
Master's Thesis: Racism, healthcare provider trust, and medication adherence among Black patients in safety-net primary care: A strengths-based approach (defended: May 2019)
- 2015 – 2017 **Master of Science, Clinical Psychology**
Loyola University Maryland, Baltimore, MD
Mentor: Rachel Grover, PhD
- 2011 – 2015 **Bachelor of Science, Psychology; Minor, Philosophy**
Lebanon Valley College, Annville, PA
Mentor: Michael K. Kitchens, PhD

NOTABLE HONORS AND AWARDS

- 2022 **2022 PM&R Best Paper Award (Honorable Mention)**, The Journal of Injury, Function, and Rehabilitation.
- 2022 **The John E. Carr, Ph.D. Award for Outstanding Achievement in Empirically-Supported Psychotherapists**, University of Washington School of Medicine
- 2021 **VCU Graduate/Professional Student Scholarship**, VCU Business Services
- 2021 **National Register Associate Credentialing Scholarship**, National Register of Health Service Psychologists
- 2021 **Psychology Graduate Student Award for Community Multicultural Enrichment**, Virginia Commonwealth University
- 2017 **Psi Chi, the International Honor Society in Psychology**, Loyola University Maryland
- 2016 **Alpha Sigma Nu, the International Jesuit Honor Society**, Loyola University Maryland

 PROFESSIONAL INTERESTS

- Research Facet 1: Investigating psychosocial considerations of disability, chronic health, and cultural factors into research, assessment, and clinical practice within medical populations, domestically and internationally.
 - Research Facet 2: Evidence based treatment of comorbid mental health diagnoses among underserved populations in healthcare.
 - Research Facet 3: Understanding and dismantling health inequity through education and community-based efforts (e.g., health promotion and disease prevention).
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 CLINICAL

 CLINICAL EXPERIENCE

- 09.2023 – Present **Rehabilitation Psychologist**, re+active PT and Wellness, Los Angeles, CA
 Overview: Provide evidenced-based psychological treatment for a diverse patient population with an array of neurological conditions, in addition to co-occurring psychological disorders.
- 08.2022 – 08.2023 **Clinical Psychology Postdoctoral Fellow**, West Los Angeles VA Medical Center, Los Angeles, CA.
 Supervisors: Katherine Bailey, PhD; Morgan Kay, PhD, ABPP; Suzie Chen, PhD, Megan Taylor-Ford, PhD.
 Overview: Complete comprehensive psychodiagnostic and pre-surgical evaluations among specialty health patient populations, administered brief evidence based Cognitive-Behavioral and Interpersonal interventions to patients in health settings, and collaborate with colleagues on interdisciplinary teams to collect clinical data and map them onto team-based goals.
 Rotations: Cardiopulmonary Rehabilitation, Primary Care Mental Health Integration, Acute Rehabilitation, and Comprehensive Pain Rehabilitation
 40 hrs/week
- 07.2021 – 06.2022 **Rehabilitation Psychology Resident**, University of Washington Medicine, Seattle, WA.
 Supervisors: Shelley Wiechman, PhD, ABPP; Jeffrey Sherman, PhD, ABPP; Ivan Molton, PhD.
 Overview: Conduct comprehensive psychosocial intake interviews and assessments, and provide brief, evidence-based interventions for patients on an array of inpatient units in a Level 1 trauma center.
 Rotations: Pediatric ICU/Pediatric ACU/Burn Injury, General Consults, Inpatient Rehabilitation
 40 hrs/week
- 2020 – 2021 **External Practicum Clinician**, Central Virginia VA Medical Center, Richmond, VA.

Supervisors: Suzzette Chopin, PhD, ABPP, MBA; Caitlin Campbell, Psy.D.
Overview: Complete neuropsychological evaluations and conduct psychotherapy on an interdisciplinary team serving veterans and active service members.
Rotations: Spinal Cord Injury and Disorders, Polytrauma Rehabilitation Transitional Program
16 hrs/week

2019 – 2021 **Practicum Clinician**, Neuropsychological Services of Virginia, Richmond, VA
Supervisor: Edward Peck III, PhD, ABPP.CN
Overview: Administer psychometrically validated neuropsychological assessments in private practice for the purpose of evaluating functioning for health referrals and/or legal purposes; conduct intake interviews, and prepare integrated neuropsychological reports.
12 hrs/week

2019 – 2020 **Practicum Clinician**, Virginia Commonwealth University Center for Psychological Services and Development (CPSD), Richmond, VA
Supervisor: Jean Corcoran, PhD, LCP; Beth Heller, PhD, LCP
Overview: Conducted therapy with clients on the general adult therapy team; implemented culturally-sensitive mental and behavioral health strategies; administered, scored, and interpreted psychological assessments; prepared integrated testing reports.
20 hrs/week

2018 – 2019 **Practicum Clinician**, Virginia Commonwealth University Counseling Services, Richmond, VA
Supervisor: Kelly Reiner, Psy.D, LCP; Christine Strasser, Psy.D, LCP
Overview: Delivered culturally-informed Cognitive-Behavioral Therapy and Interpersonal Process Therapy to college students; conducted risk assessments, and managed client cases.
20 hrs/week

2018 – 2019 **Primary Care Behavioral Health Clinician**, Virginia Commonwealth University Health System, Richmond, VA
Supervisor: Paul Perrin, PhD, LCP; Bruce Rybarczyk, PhD, LCP; Carla Shaffer, PhD, LCP
Overview: Served on an integrated primary healthcare team to administer therapy and other mental health resources in a collection of safety-net clinics.
20 hrs/week

2016 – 2017 **External Practicum Trainee**, Johns Hopkins School of Medicine, Department of Psychiatry and Behavioral Sciences, Baltimore, MD
Supervisor: Tracy Vannorsdall, PhD, ABPP.CN
Overview: Administered a wide array of neuropsychological assessments; served as a member of an interdisciplinary team and assisted with case conceptualization and treatment planning.
16 hrs/week

2014 – 2015

Psychology Intern, Brain Behavior Laboratory and Schizophrenia Research Center, Perelman School of Medicine, University of Pennsylvania, Philadelphia, PA

Supervisor: Paul Moberg, PhD, ABPP.CN

Overview: Observed and conducted clinical testing and assessment with patients who have reported deficits in memory and/or cognitive functioning.

20 hrs/week

RESEARCH

PEER-REVIEWED PUBLICATIONS

- Pugh Jr., M.**, Perrin P. B., Arango-Lasprilla, J. C., Klyce, D., Jones, S., & Dautovich, N. (2022). Racial/Ethnic differences in longitudinal trajectories of arrest probability after traumatic brain injury. *Healthcare*.
- Merced, K., **Pugh Jr., M.**, Klyce, D. W., Ohayagha, C., & Perrin, P. B. (2022). Exploring racial performance disparities with the Modified Mini Mental Status Exam (3MS) in an acute brain injury rehabilitation setting. *Rehabilitation Psychology*.
- Watson, J., Perrin, P., Henry, R., **Pugh Jr., M.**, Mutchler, B., & McDonald, S. (2022). Understanding from others: It might make a difference for individuals with SCI experiencing pain. *Rehabilitation Psychology*.
- Klyce, D., **Pugh Jr., M.**, & Perrin, P. B. An evaluation of the Modified Mini Mental State (3MS) Exam in an acute brain injury rehabilitation setting. *Brain Injury*.
- Pugh Jr., M.**, Perrin, P. B., Watson, J. D., Kuzu, D., Tyler, C. M., Villaseñor, T., Lageman, S. K., & Moreno, O. A. (2022). Psychometric investigation of the Affiliate Stigma Scale in Mexican Parkinson's disease caregivers: Development of a short form. *NeuroRehabilitation*.
- Parlier, A. B., **Pugh Jr., M.**, & Martin, C. (2021). Treatment outcomes among Black adults receiving medication for opioid use disorder. *Journal of Racial and Ethnic Health Disparities*.
- McKee, G. B., Perrin, P. B., Rodriguez-Agudelo, Y., Olivera Plaza, S. L., Quijano-Martinez, M. C., Kuzu, D., Ohayagha, C., **Pugh, Jr., M.**, & Arango-Lasprilla, J. C. (2022). Suicidal ideation after acute traumatic brain injury: A longitudinal actor-partner interdependence model of patients and caregivers in Latin America.
- Henry, R. S., Perrin, P. B., Lageman, S., Villaseñor, T., Cariello, A., **Pugh, Jr., M.**, Smith, E. R., Arroyo, M., Zarate, A., Avila, J., & Soto-Escageda, J. A. (2021). Parkinson's symptoms and caregiver affiliate stigma: A multinational study. *Current Alzheimer's Research*.

- Pugh Jr., M.**, Perrin, P. B., & Arango-Lasprilla, J. C. (2021). Predicting caregiver burden over the first 4 months after acute traumatic brain injury in Latin America: A multi-country study. *Brain Injury*.
- Kuzu, D., Perrin, P. B., & **Pugh, Jr., M.** (2021). Spinal cord injury/disorder function, affiliate stigma, and caregiver burden in Turkey. *PM&R: The journal of injury, function and rehabilitation*.
- Pugh, Jr., M.**, Olabarrieta-Landa, L., Calderón Chagualá, A., Perrin, P. B., & Arango-Lasprilla, J. C. (2021). Spontaneous Recovery of Executive Function, Attention, and Processing Speed in Stroke Patients in Colombia. *PM&R: The journal of injury, function and rehabilitation*.
- McKee, G. B., Perrin, P. B., Watson, J., **Pugh, Jr., M.**, Kuzu, D., Villaseñor, T., & Lageman, S. K. (2021). Family functioning in Parkinson's caregivers in Mexico and the US: Spanish translation and psychometric refinement of the Score Family Assessment Questionnaire. *Revista Iberoamericana de Neuropsicología*.
- Henry, R. S., Perrin, P. B., Sawyer, A., & **Pugh Jr., M.** (2020). Health conditions, access to care, mental health, and wellness behaviors in lesbian, gay, bisexual, and transgender adults. *International Journal of Chronic Diseases*.
- Pierce, B. S., Perrin, P. B., **Pugh, Jr., M.**, Cariello, A., Henry R. S., Sutter, M., Wiechman, S. A., & Schneider, J. C. (2020). Racial/Ethnic disparities in longitudinal trajectories of community integration after burn injury (the "Work"). *American Journal of Physical Medicine and Rehabilitation*.
- McDonald, S. D., **Pugh, Jr., M.**, Mickens, M. N. (2020). Resilience after spinal cord injury: A scoping review. *American Journal of Physical Medicine and Rehabilitation*.
- Pugh, Jr., M.**, Perrin, P. B., Rybarczyk, B., & Tan, J. (2020). Racism, mental health, healthcare provider trust, and medication adherence among black patients in safety-net primary care. *Journal of Clinical Psychology in Medical Settings*.
- Olabarrieta-Landa, L., **Pugh Jr., M.**, Calderón Chagualá, A., Perrin, P. B., & Arango-Lasprilla, J. C. (2019). Trajectories of memory, language, and visuoperceptual problems in people with stroke during the first year and controls in Colombia. *Disability and Rehabilitation*.
- Tan, J., Cariello, A., **Pugh, Jr., M.**, Henry, R., Perrin, P., Dautovich, N., & Rybarczyk, B. (2019). Social determinants of sleep disturbance in safety-net primary care: Unmet needs, classist discrimination, and anxiety. *Family Practice*.
- Perrin, P. B., Sutter, M., Trujillo, M. A., Henry, R. S., & **Pugh, Jr., M.** (2019). The minority strengths model: Development and path analytic validation in racially/ethnically diverse LGBTQ individuals. *Journal of Clinical Psychology*.

MANUSCRIPTS IN PREPARATION

Note. All listed manuscripts are at least 50% complete, and data collection has ended.

Pugh Jr., M., & Perrin P. B. The “Acute Rehabilitation to Prison Pipeline:” A theoretical approach to examining racial/ethnic disparities in criminal justice outcomes among individuals with traumatic brain injury.

Pugh Jr., M. & Perrin P. B. Racial/Ethnic disparities in distress and satisfaction with life among individuals with burn injury: A hierarchical linear modeling approach.

GRANT SUBMISSIONS AND FUNDING

- 2021 **VCU Graduate/Professional Student Scholarship**, Virginia Commonwealth University, Funding granted for continued support in academic and community excellence.
- 2020 **Psychology Department Travel Award**, Virginia Commonwealth University, Funding granted for research presentation and conference travel.
- 2019 **Psychology Department Travel Award**, Virginia Commonwealth University
- 2019 **Scott and Paul Pearsall Fund**, American Psychological Foundation. *Visible and invisible disability stigma, mental health, and quality of life: Mixed methods study of the role of disability identity in spinal cord injury*. Role: Co-PI (Co-PI: Duygu Kuzu, PhD). \$10,000 (Unfunded)
- 2018 **Psychology Department Travel Award**
Virginia Commonwealth University,
Funding granted for professional development and conference attendance.
- 2018 **The Michael Sullivan Diversity Scholar Fund**, American Psychological Association. *The roles of racial discrimination and collective strengths within cognitive assessment disparities*. Co-PI (Co-PI: Paul Perrin, PhD). \$500 (Unfunded)

PROFESSIONAL PRESENTATIONS

Pugh Jr., M. & Wild, M. HEALS: Facilitating Conversations of Diversity, Equity, and Inclusion within Medical Settings. Invited didactic presentation for the University of Washington APA Accredited Psychology Internship Program.

Tsen, J., Klepper, J., Ehde, D., **Pugh Jr., M.** & Williams, M (2022). Opportunities for Trainee Research Funding: Overview of Rehab-relevant Barriers to Trainees, Funding Mechanisms, and Recently Funded Research. Invited presentation at the Annual Meeting of the APA Division of Rehabilitation Psychology.

Ohayagha, C. & **Pugh Jr., M.** (2021). Racial/Ethnic and Immigration-Based Disparities in the 10 Years after TBI: Arrest Probability, Functional Independence, Depression, Anxiety, and Life Satisfaction. Invited presentation at the Brain Injury Association of Kansas, Annual Conference.

Ohayagha, C., **Pugh Jr., M.**, & Perrin, P. B. (2021). Racial/Ethnic and Immigration-Based Disparities in the 10 Years after TBI: Arrest Probability, Functional Independence, Depression, Anxiety, and Life Satisfaction. Invited presentation at the Brain Injury Association of Virginia’s annual Heading Forward Conference.

- Pugh Jr., M.** (2021). Critical thinking workshop: Radical self-care. Lecture presented at the Policy and Society Year-Round College Prep Program, "Shaping our Future: Policy Pathways," Richmond, VA.
- McDonald, S. D., **Pugh, Jr., M.**, Mickens, M. N. (2021). Poster presented at the Annual Meeting of the Paralyzed Veterans of America Exposition, Orlando, FL.
- Peck, E., Castle, M., **Pugh Jr., M.**, & Perez, E. (2021). *Case study of neuropsychological function in an adult female with Behcet's Disease*. Poster presented at the Annual Meeting of the International Neuropsychological Society, San Diego, CA.
- Watson, J., Perrin, P. B., Henry, R., **Pugh Jr., M.**, Mutchler, B., & McDonald, S. D. (2020). *Understanding from others: It might make a difference for individuals with SCI experiencing pain*. Poster presented at the Annual Meeting of the APA Division of Rehabilitation Psychology, San Diego, CA.
- Pugh Jr., M.**, Perrin, P. B., Rodriguez, Y., Olivera, S., Quijano, M. C., & Arango-Lasprilla, J. C. (2020). *Predicting caregiver burden over the first 4 months after TBI in Latin America: A multi-site, multi-country study*. Poster presented at the Annual Meeting of the APA Division of Rehabilitation Psychology, San Diego, CA.
- Perrin, P. B., & **Pugh Jr., M.** (2019). *Cross-cultural rapport as a first responder: How racism and racial dynamics influence crisis situations*. Invited presentation at the Fire and Emergency Services Annual Equity and Diversity Conference, Charlottesville, VA.
- Watson, J., Perrin, P. B., Henry, R., **Pugh Jr., M.**, Mutchler, B., Bailes, M., & McDonald, S. (2019). *Ableism, mental health, life satisfaction, and race: An intersectional study of veterans with spinal cord injuries*. Poster presented at the Department of Veterans Affairs and Mid-Atlantic Health Care Network (VISN-6) conference, Richmond, VA.
- Pugh Jr., M.**, Perrin, P. B., Klyce, D., Kargbo, I., Hoskins, J., Smith, R., Myers, J., & Russel, H. (2019). *Exploring performance disparities with the Modified Mini Mental Status Exam (3MS) in an acute brain injury rehabilitation setting*. Poster presented at the Annual Meeting of the APA Division of Rehabilitation Psychology, Orlando, FL.
- Pugh Jr., M.**, Perrin, P. B., Klyce, D., Kargbo, I., Hoskins, J., Smith, R., & Myers, J. (2019). *An evaluation of the modified mini mental state (3ms) exam in an acute brain injury rehabilitation setting*. Poster presented at the Annual Meeting of the APA Division of Rehabilitation Psychology, Orlando, FL.
- Cariello, A. N., Smith, E. R., Lageman, S., Villaseñor, T., **Pugh, Jr., M.**, Scully, D., Arroyo, M., Zarate, A., Avila, J., & Perrin, P. B. (2018). *Connections between unmet family needs and Parkinson's caregiver mental health*. Poster presented at the Annual Meeting of the APA Division of Rehabilitation Psychology, Dallas, TX.

Ad Hoc Manuscript Reviewer: *Rehabilitation Psychology; Burns; Trauma, Violence, and Abuse*.

TEACHING AND PROFESSORSHIP

TEACHING EXPERIENCE

Instructor

Department of Psychology, Virginia Commonwealth University

- Stress and its Management Summer 2020

Lab Instructor

Department of Psychology, Virginia Commonwealth University

- Application of Statistics Summer 2018, Fall 2020, Spring 2021
- Introduction to Psychology Fall 2019
- Experimental Methods Spring 2020

Teaching Assistant

Department of Psychology, Virginia Commonwealth University

- Principles of Learning and Cognition Fall 2017
- Perception Fall 2017
- Lifespan and Development Spring 2018
- Social Psychology Spring 2018

Guest Lecturer

Department of Psychology, Virginia Commonwealth University

- Lifespan and Development Mar. 2018
- Stress and its Management June. 2018
- Personality July 2018
- Introduction to Psychology Nov. 2019

School of Public Health, Boston University

- Global Mental Health (graduate) Oct. 2020

PROFESSIONAL SERVICE AND LEADERSHIP

MEMBERSHIPS AND SERVICE

2022 – 2023

Member, Diversity, Equity, and Inclusion subcommittees in Training, Hiring and Retention, and Consultation at the Greater Los Angeles VA.

Overview: Promote DEI efforts across GLA regarding the subcommittee's missions and values. Participate in monthly meetings to develop DEI activities, assess ongoing DEI efforts, and propose new innovative ways to incorporate DEI into the broader GLA psychology/mental health service.

2021 – 2023

Member, The American Congress of Rehabilitation Medicine's Culture and Diversity Task Force: Brain Injury Special Interest Group.

Overview: Integrate perspectives of diversity, equity, and inclusion in brain injury rehabilitation research. Participate in monthly task force meetings to establish novel projects, contribute to empirical literature, and discuss collaborative efforts among the professional body of the American Congress of Rehabilitation.

2021 – Present

Member, African Diaspora Special Interest Group, APA Division 22.

Overview: Promote a support network to empower professionals and trainees within rehabilitation psychology who identify as persons of African descent and emphasize diversity, equity, inclusion and social justice within rehabilitation psychology training, clinical, research and advocacy efforts.

2020 – 2021

Student Representative, Virginia Commonwealth University Counseling Psychology PhD Program

Overview: Assess concerns among counseling PhD students and present them to faculty at monthly program meetings. Participate in faculty meetings and represent students in program-related decision-making.

2019 – Present

Guest Editor, *Rehabilitation Psychology*

Overview: Provide preliminary review and editorial action decisions for submitted clinical outcomes measures manuscripts to *Rehabilitation Psychology* and manage the peer review for these manuscripts.

2019 – Present

“Tear-Sheets” Coordinator, APA Division 22 Science Committee

Overview: Promote scientific practice in clinical outcomes assessment among Division 22 affiliates, attend quad-annual committee meetings to plan future endeavors for the division.

2017 – 2020

Social Committee Co-chair, Building Legacies Around Cultural Knowledge (B. L. A. C. K.)

Overview: Facilitate weekly dialogues about mental and emotional well-being among Black and Latinx community members in Richmond.

MEDIA APPEARANCES/FEATURES

Pugh Jr., M. (2020). Rehab science spotlight: Race and Ethnicity Associations with Retention in TBI Rehab. APA Division of Rehabilitation Psychology. [Div22.org./rehab-science-spotlight/2020/8](https://div22.org/rehab-science-spotlight/2020/8)

Pugh Jr., M. (2020). Living in my glass house: Inside a story of healing through reflection. *Inside the Minds*, (2) 2. [Insidetheminds.net/Mickeal-Pugh](https://insidetheminds.net/Mickeal-Pugh)

Brown, D. W. & **Pugh Jr., M.** The tangentlemen present: here’s my two cents. Podcast.
